

Alcohol Use

Conditional question: Have you used alcohol in the past 12 months?

If yes:

Individuals differ in their abilities to handle the use of alcohol. For each item listed below, rate how well you handle the use of alcohol compared to other alcohol users.

| Compared to other alcohol users, in the past 12 months, how well are you able to: | Far below average | Below average | Slightly below average | About average | Slightly above average | Above average | Far above average |
|---|-------------------|---------------|------------------------|---------------|------------------------|---------------|-------------------|
| 1. Refrain from using alcohol in larger amounts than intended | | | | | | | |
| 2. Refrain from using alcohol for longer periods of time than intended | | | | | | | |
| 3. Reduce alcohol use at will | | | | | | | |
| 4. Stop using alcohol at will | | | | | | | |
| 5. Avoid spending a great deal of time obtaining alcohol | | | | | | | |
| 6. Avoid spending a great deal of time using alcohol | | | | | | | |
| 7. Avoid spending a great deal of time recovering from the effects of alcohol | | | | | | | |
| 8. Control strong desires to use alcohol | | | | | | | |
| 9. Control cravings for alcohol | | | | | | | |
| 10. Avoid letting alcohol use negatively impact the quality of work | | | | | | | |
| 11. Avoid letting alcohol use negatively impact performance at school | | | | | | | |
| 12. Avoid letting alcohol use negatively impact role obligations at home | | | | | | | |
| 13. Avoid letting alcohol use negatively impact social behaviors | | | | | | | |
| 14. Avoid letting alcohol use negatively impact personal relationships | | | | | | | |
| 15. Avoid letting alcohol use decrease motivation to attend to social activities | | | | | | | |
| 16. Avoid letting alcohol use decrease motivation to attend to work activities | | | | | | | |
| 17. Avoid letting alcohol use decrease motivation attend to recreational activities | | | | | | | |
| 18. Refrain from using alcohol in situations where it can be physically hazardous (e.g., driving) | | | | | | | |
| 19. Avoid alcohol if continued use would cause or worsen physical problems | | | | | | | |
| 20. Avoid alcohol if continued use would cause or worsen psychological problems | | | | | | | |

| | | | | | | | |
|--|-------------------|---------------|------------------------|---------------|------------------------|---------------|-------------------|
| 21. Achieve desired effect of alcohol with the same amount each time | | | | | | | |
| 22. Feel effects of alcohol with the same amount each time | | | | | | | |
| 23. Avoid taking alcohol to relieve withdrawal symptoms | | | | | | | |
| Compared to other cannabis users, when refrain from using cannabis, how well are you able to: | Far below average | Below average | Slightly below average | About average | Slightly above average | Above average | Far above average |
| 24. Cease or reduce use at will when ceasing or reducing | | | | | | | |
| 25. Remain cheerful | | | | | | | |
| 26. Remain calm | | | | | | | |
| 27. Sleep normally | | | | | | | |
| 28. Maintain appetite/weight | | | | | | | |
| 29. Stay relaxed | | | | | | | |
| 30. Maintain a good mood | | | | | | | |